# NCAA Recruiting 101

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- Getting started Eligibility Recruiting National Letter of Intent (NLI) Financial Aid
- Contact

### **Getting Started**

#### NCAA

- Division I (351); FBS, FCS, NFB
- Division II (314)
- Division III (442)
- NAIA (≈249)
- NJCAA (525)
- Other associations

### **Getting Started**

NCAA Eligibility Center

- Operates out of the NCAA national office
- <u>www.eligibilitycenter.org</u>
  - "Guide for the College Bound Student-Athlete"
- 877-262-1492
- All potential Division I & II prospective studentathletes must register
  - Beginning of JR year
  - \$90 Domestic, \$150 International

# NCAA Division I Incoming Freshman Requirements

- Graduate from High School
- Successfully complete 16 NCAA core courses
  - 4 English, 3 math, 2 natural or physical science (1 lab), 2 social science
  - 5 additional cores including at least 1 additional English, math, or science
  - Must complete 10 core courses prior to start of SR year
    - 7 of the 10 must be English, math, and natural or physical science
    - Grades and credit are "locked" into final determination
- Qualifying composite SAT or ACT score and corresponding core course GPA
  - Low GPA (2.300) requires a high score (960/75)
  - Low score (400/37) requires a high GPA (≥3.550)
  - Midpoint: 2.925 GPA and 650 SAT or 53 ACT

# NCAA Division I Freshman Requirements

#### Academic Redshirt

- Partial qualifier (athletic aid and practice; no competition)
- Core course requirements are the same
- Earn a core-course GPA of at least 2.000.
- Use current GPA/score index
- Can "earn" practice during second semester by completing 9/8 hours during first college semester/quarter
- Final qualifier determination from NCAA Eligibility Center
  - Includes an amateurism certification
  - Official copies of transcripts are required
  - Early Academic Qualifier
    - Before SR year
    - 14 core courses (3 English, 2 math, 2 natural or physical science, 2 additional courses in English, Math or Natural/Physical Science and 5 additional courses); 3.000 core GPA

# NCAA Division II Freshman Requirements

- Graduate from HS
- Successfully complete 16 NCAA core courses
  - 3 English, 2 math, 2 natural or physical science (1 lab), 2 social science
  - 7 additional cores including at least 3 additional English, math, or science
- Core course GPA of a minimum 2.2
- Earn the ACT/SAT score matching your core-course GPA on the Division II full qualifier sliding scale
- Final qualifier determination from NCAA Eligibility Center
  - Includes an amateurism certification
  - Official copies of transcripts are required
  - Early Academic Qualifier
    - Before SR year
    - 12 core courses (3 English, 2 math, 2 natural or physical science, 5 additional courses);
       3.000 core GPA; 1000 SAT or 85 ACT

# Division I and II Eligibility

- Graduate and complete core courses on time
- Allowed a postgraduate year
  - All may earn 1 additional core during the post-graduate year
  - Students with EID may earn 3 additional cores whenever
- Only 1 repeat course
- Test score required before collegiate enrollment
- Honors and AP courses on a 5.000 scale
- Check before enrolling in online core courses
- Non-qualifier?
  - Initial Eligibility waiver
  - Sit a year; lose a year; no athletic aid
  - Junior College or NAIA

# NCAA Division III Freshman Requirements

- You do not need to register with the NCAA Eligibility Center.
- Graduate from HS
- Meet the entrance requirements of the institution since Division III schools set their own admissions standards.

#### Amateurism

- Agents
- Boosters
- Recruiting violations
- Professionalism
- Employment
- Prior relationships

# NCAA Recruiting

#### Key Terms

- Contact
- Evaluation
- Recruiting period
- Prospective student-athlete
- Representative of athletics interests
- Individual associated with a prospect

#### NCAA Division I Recruiting

#### Prospect

- Any student who has started high school classes (ninth grade)
- Has not yet started the ninth grade, but has received financial assistance or other benefits from an NCAA institution.
- Coaches are generally the only college staff members who can recruit for athletic purposes
- NCAA restricts when, where, and how often coaches can contact prospects and their families
- Prospects can always call a coach on their own or visit campus at their leisure

### **Recruiting Materials**

http://www.ncaa.org/student-athletes/resources/recruitingcalendars/division-i-and-ii-recruiting-calendars

	Football	Baseball	Lacrosse and Softball	Men's Ice Hockey	Men's Basketball	Women's Basketball	All Other Sports
Questionnaires, Camp Information, NCAA Materials and Nonathletic Publications	Anytime	Anytime	Anytime	Anytime	Anytime	Anytime	Anytime
Other Recruiting Materials	Beginning 9/1 of junior year	Beginning 9/1 of junior year	Beginning 9/1 of junior year	Beginning 1/1 of sophomore year	6/15 between sophomore and junior year	Beginning 9/1 of junior year	6/15 between sophomore and junior year
Electronic Correspondence	Beginning 9/1 of junior year (all forms)	Beginning 9/1 of junior year (all forms)	Beginning 9/1 of junior year (all forms)	Beginning 1/1 of sophomore year (all forms)	6/15 between sophomore and junior year (all forms)	Beginning 9/1 of junior year, except prohibited during July evaluation period (all forms)	6/15 between sophomore and junior year (all forms)

# **Telephone Calls**

	DI Men's Basketball	DI Women's Basketball	DI Football (FBS)	Division I (Other Sports)	Division II	Division III
Sophomore				Men's Ice Hockey <ul> <li>1/1 of sophomore year</li> </ul>	<ul> <li>June 15 immediately preceding junior year.</li> <li>No limit on the number of telephone calls after the first permissible date.</li> </ul>	Permissible freshman and sophomore years.
Junior	<ul> <li>Unlimited beginning June 15 following sophomore year.</li> <li>If PSA's educational institution follows a nontraditional calendar, at institution's discretion beginning day after conclusion of sophomore year</li> </ul>	<ul> <li>Unlimited beginning September 1, except prohibited during July evaluation period.</li> </ul>	<ul> <li>One call during the period of April 15 through May 31.</li> </ul>	<ul> <li>All other Sports</li> <li>6/15 between sophomore and junior year.</li> <li>Lacrosse and Softball</li> <li>9/1 of junior year</li> <li>Baseball</li> <li>9/1 of junior year</li> </ul>		
Senior			<ul> <li>Once per week after September 1 of the senior year.</li> <li>Unlimited during contact period.</li> </ul>			

### **Recruiting Calendars**

- Contact Period
- Evaluation Period
- Quiet Period
- Dead Period
- Post-NLI

# **Official Visits**

- In men's basketball, 5 visits Aug. 1<sup>st</sup> end of JR year & 5 visits before October 15<sup>th</sup> following his completion of HS
- In women's basketball, following April 9, 2020 of JR year
- In football, from April 1, 2020-June 21, 2020 of JR year and starting September 1 of senior year.
- In Baseball, Softball, and Lacrosse, beginning September 1 of junior year
- In all other sports, beginning August 1 of junior year
- Institution pays for the prospect's travel, lodging, meals, and entertainment
  - Includes up to 6 complimentary admissions to regular season home contests
  - Includes meals, lodging, and entertainment for parents
- Allowed one official visit to any one school (one additional if coach leaves)
- Five total Division I schools before October 15 after graduation
- Requirements:
  - Academic transcript
  - Registration with the Eligibility Center (Must have paid Fee)
  - ACT/SAT (Not required but encouraged)

# **Unofficial Visits**

- In men's basketball, following August 1 of SO year excluding July
- In women's basketball, anytime excluding July Evaluation periods
- In football, anytime
- In baseball, softball and lacrosse, following September 1 of JR year
- In all other sports, following August 1 of JR year
- Visits almost wholly at the prospect's expense
- Unlimited in number and frequency
- May receive 3 (up to 5) complimentary admissions to regular season home contests
- Dead Period reminders

### Offers & Commitments

#### Verbal

- May be made at any time
- Non-binding on both the coach and prospect
- Does not end the recruiting process
- Official
  - National Letter of Intent (<u>www.national-letter.org</u>)
  - Grant-in-aid agreement
  - Acceptance of an admissions offer
- Commitment celebrations

### National Letter of Intent

- An agreement between school and prospect
  - School awards one year of athletics aid
  - Prospect attends school for one year
- May only be signed during the SR year
- Must include an offer of athletics aid
- Specified sport signing dates apply
- Officially ends the recruiting process
  - Can be invalidated (e.g., denied admissions)
  - Can be terminated (e.g., recruiting violations)
- NOT an agreement between a prospect and any coach

# NLI Signing Dates for 2019-20 Enrollees

Sport (s)	Initial Signing Date	Final Signing Date
Division I Basketball (Early Period)	November 13, 2019	November 20, 2019
Division I Basketball (Regular Period)	April 15, 2020	May 20, 2020
Division I Football (Early Period)	December 18, 2019	December 20, 2019
Division I and II Football (Midyear JC Transfer)	December 18, 2019	January 15, 2020
Division I and II Football (Regular Period)	February 5, 2020	Division I: April 1, 2020 Division II: August 1, 2020
All Other Division I and II Sports	November 13, 2019	August 1, 2020

### **Financial Aid**

- Athletic scholarships include:
  - Tuition and related fees
  - Room
  - Board
  - Books
- Other financial aid sources
  - Scholarships
  - Grants
  - Federal loans and grants
  - Private loans

# Team Scholarship Limits (Division I)

#### Men (16)

Football	85(25)/63
Ice Hockey	18
Basketball	13
Lacrosse	12.6
Track/XC	12.6
Baseball	11.7
Soccer & Wrestling	9.9
Swimming/Diving	9.9
<b>Gymnastics &amp; Skiing</b>	6.3
Golf & Tennis	4.5
Water Polo	4.5
Volleyball	4.5
Rifle	3.6

#### Women(18)

Rowing	20
Ice Hockey	18
Track/XC	18
Basketball	15
Equestrian	15
Soccer	14
Swimming/Diving	14
Field Hockey	12
Lacrosse & Softball	12
Volleyball & Gymnastics	12
Water Polo & Tennis	8
Skiing	7
Golf	6
Bowling	5
Fencing	5

### Questions?

- Contact UC Compliance Office
  - 513-556-0557
  - Facebook: Cincinnati Athletics Compliance
  - Twitter: @GoBearcatsRULES
- Trever Wright
  - Associate AD Compliance
  - <u>Trever.Wright@uc.edu</u>